

Athletes Foot

A number of contagious different parasitic fungi that infect the skin and nails of the toes. This results in the condition known as athlete's foot. The most common symptoms of Athlete's Feet are itching, blistering, cracking, and scaling of the skin in the affected areas, which are usually around the feet area and sometimes in the hands.

Possible Causes and Contributing Factors:

- Lack of beneficial gut bacteria
- Poor digestion/elimination
- Depressed immune system (diabetes)
- High sugar diet

Suggested Dietary Changes:

- Avoid sugars (including fruit for awhile)

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*