

# Blood Pressure (Elevated)

The pressure exerted by blood upon the walls of the arteries, depending upon the force of the heart beat, the elasticity of the vessel walls, the resistance of the capillary network and the volume and viscosity of the blood.

## **Possible Causes and Contributing Factors:**

- Endocrine hyper-function (adrenal secondary to anterior pituitary)
- Obesity and/or lack of exercise
- Elevated blood lipids and increased cortisol levels
- Renal dysfunction
- Liver/portal congestion
- Stress (physiological or psychological)
- Diabetes (Type II)
- Misaligned vertebrae
- Mineral deficiency
- Hardening of arteries

*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*