

# Boils/Folliculitis/Carbuncles

A pus making skin infection in a gland or hair gland, marked by pain, redness and swelling.

## **Possible Causes and Contributing Factors:**

- Infection/impaired immune system
- Poor diet and food sensitivities
- Improper drainage of tissues
- Poor personal hygiene

## **Suggested Dietary Changes:**

- Insure pure water intake – consider detox diet

*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*