

Bruises

This is a condition when the smallest blood vessels, capillaries, become weak or are damaged by an outside force. When they break they form bruises. These are wounds to the skin common in childhood...a bruise results from forceful pressure against some object, where the skin is not broken so the blood rushes to the damaged tissue beneath the surface.

Possible Causes and Contributing Factors:

- Vitamin C & K deficiency
- Alcoholism
- Antacids
- Diabetes
- Blood thinning drugs

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*