

# Bruxism (Grinding of the Teeth)

## Pre-Disposing Factors:

- Parasites
- Calcium and/or Magnesium deficiency
- Primary mis-alignment of the jaw or mis-aligned secondary to TMJ dysfunction
- Psychological stress
- Diet high in refined or processed foods
- Food or environmental sensitivity

*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*