

Cholesterol (Increased)

A monohydric alcohol found in the body as a glistening white, crystalline substance. It is insoluble in water and found in bile, gall stones, and nerve tissue.

Possible Causes and Contributing Factors:

- Diet high in carbohydrates and saturated fats. Dietary intake of cholesterol is almost never totally responsible for elevated blood cholesterol
- Lack of exercise and/or obesity
- Endocrine dysfunction (pituitary, adrenal, and/or thyroid)
- Prolonged bowel transit time
- Carbohydrate sensitivity

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*