

# Cold Sores

Ulceration, chiefly of the mouth and lips.

## **Possible Causes and Contributing Factors:**

- If re-occurring, possible low thyroid

## **Suggested Dietary Changes:**

- Plenty of raw vegetables as well as yogurt

*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*