

# **Geriatric Conditions (loss of memory/reduced circulation, digestive distress, fatigue, stroke recovery, recovery from debilitating illness)**

## **Possible Causes and Contributing Factors:**

- Excess refined and processed food in diet (especially if the patient is a widow, widower or is house-bound)
- Insufficient water intake
- Because the elderly patient often gets gas and bloating from protein ingestion, they will avoid protein with resulting insufficient protein intake
- Lack of physical exercise
- Psychological stress
- Reduced circulation of aging

*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*