## Hemorrhoids

An enlarged vein in the lower rectum or anus caused by blockage in the veins of the area.

## **Possible Causes and Contributing Factors:**

- Liver/portal congestion
- Occupational (long hours standing or sitting)
- Insufficient water intake
- Insufficient dietary fiber
- Pregnancy
- Obesity
- Allergies
- Hypothyroidism

<sup>\*</sup>These statements have not been evaluated be the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.