

Mitral Valve Prolapse

The mitral valve is one of the four valves of the heart. Usually, under normal conditions, the mitral valve is kept from opening too far via string like cords. Unfortunately, sometimes these cords are too long. Therefore, the valve is allowed to open too far during heart beats.

Possible Causes and Contributing Factors:

- Thiamine deficiency
- Magnesium deficiency
- Scoliosis
- Diet high in refined carbohydrates and hydrogenated fats
- Food allergy/sensitivity

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.