

Parkinson's Disease

Possible Causes and Contributing Factors:

- Heavy metal body burden. Aluminum, mercury, cadmium are most common
- Neurological damage from trauma, inflammation, chemicals, etc.
- Immune dysfunction
- Significant B complex deficiency
- Poor nutrition
- Food allergies
- Carbon-monoxide poisoning

Suggested Dietary/Lifestyle Changes:

- On a 21 day trial basis, eliminate dairy and gluten and see if there's improvement
- Avoid exposure to automobile and industrial fumes, tobacco smoke, aluminum cooking utensils, under arm deodorant and cosmetics
- Eliminate refined carbohydrates, canned foods, processed foods, hydrogenated fats and oils and frozen foods where possible
- Use only pure water for cooking and drinking

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.