

Prostate, Enlarged (benign Prostatic Hyperplasia)

Suggested Dietary Changes:

- Buy organic whenever possible
- Consume cooked tomato products for lycopene
- Eat pumpkin seeds daily
- Drink a glass of clean water every 2 hours to keep fluid moving through urinary tract (better yet do the water cure)

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any diseases