

Psoriasis

Psoriasis is a common disease that produces silvery, scaly plaques on the skin. This health issue is mainly due to the imbalances within the body, which are due to the improper diet and lifestyle.

Possible Causes and Contributing Factors:

- Biliary/liver or pancreatic dysfunction resulting in an inability to correctly metabolize fats
- Psychological stress (problem will always exacerbate under stress)
- Adrenal hypo-function
- Genetic pre-disposition
- Constipation
- Sensitivity to synthetic fibers, bleach, soap, etc.
- Exposure to sun light will generally help; however, vitamin D and ultra-violet light therapy generally do not help
- Food allergy/sensitivity (dairy, grains and alcohol most prominent)
- Candida
- Poor digestion of protein
- Body is toxic

Suggested Dietary Changes:

- Candida diet is probably best

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.