

Ulcers

Possible Causes and Contributing Factors:

- Stress
- Medications – aspirin, non-steroidal anti-inflammatory drugs
- Food allergies
- Smoking, alcohol
- H. pylori infection caused by lack of stomach acid
- Possible roundworm infection

Suggested Dietary Changes:

- Quart of cabbage juice daily – very healing
- Check for food allergies – milk allergies strongly linked to gastric problems

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.