

Vaginitis

Pre-Disposing Factors:

- Antibiotics
- Poor diet (simple sugars)
- Pregnancy
- Stress
- Birth control pills
- Sexually transmitted disease
- Tight clothing
- Excessive douching
- Poor hygiene
- Food allergies
- Systemic Candida
- Diabetes
- Suppressed immune system
- HIV
- Hormone imbalance

Dietary Suggestions:

- Unsweetened live yogurt daily
- Garlic and onions for their antifungal properties
- Water every 2 hours
- Avoid sugar, fruit, vinegar, alcohol
- Check for food allergies

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.