

03



Supports:

- Immune System
- Mood
- Bone Health

D3 available in:

- 1,000 IU Tablets
- 2,000 IU Softgels
- 5,000 IU Liquid, Softgels and Capsules

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Breaking Through Nutritional Boundaries

Nutritional Frontiers

"breaking through nutritional boundaries"



D3



A dietary supplement to promote the body's absorption of calcium and phosphorous, which are essential for the development and maintenance of healthy teeth and bones.



New research suggests that it may support immune system function by supporting healthy cell growth.

- Bone Health
- Calcium Balance
- Cardiovascular Function
- Healthy Cell Growth
- Immune System Modulation
- Mood

About Vitamin D

Vitamin D is a fat-soluble vitamin that is essential for maintaining normal calcium metabolism. Vitamin D3 (cholecalciferol) can be synthesized by humans in the skin upon exposure to ultraviolet-B (UVB) radiation from sunlight, or it can be obtained from the diet.

• Calcium Balance

Maintenance of serum calcium levels within a narrow range is vital for normal functioning of the nervous system, as well as for bone growth, and maintenance of bone density. Vitamin D is essential for the efficient utilization of calcium by the body.

• Cardiovascular Support

Adequate vitamin D levels may be important for maintaining blood pressure within normal ranges. Vitamin D also impacts heart health by supporting the body's natural cytokine production and vascular function.

• Cell Differentiation

Cellular proliferation is essential for growth and wound healing. Uncontrolled proliferation of damaged cells is unhealthy. Vitamin D inhibits uncontrolled proliferation and stimulates differentiation, which is the process of specializing cells for specific healthy functions.

• Immunity

Vitamin D is an immune system modulator to support healthy T Cell and macrophage responses.

• **Coconut Oil (D3 5,000 with coconut oil only)** may help boost metabolism, immune system response, improve cognitive functions, and increase the ratio of HDL to LDL*

SUPPLEMENT FACTS

D3 1,000 Tablets

Available Bottle Sizes: 120

Serving Size: 1 Tablet

Servings Per Container: 120

Vitamin D3 (cholecalciferol) 1,000 IU

Other ingredients: dicalcium phosphate, microcrystalline cellulose, silicon dioxide, vegetable stearate, croscarmellose sodium.

Suggested use: As a dietary supplement, take 1 tablet daily, or as directed by your health care practitioner.

D3 2,000 Softgels

Serving Size 1 Softgel

Servings Per Container 120

Vitamin D-3 (cholecalciferol) 2000 IU

Other Ingredients: Safflower oil, gelatin, vegetable glycerin.

Suggested Use: For adults, take one (1) quick release softgel daily, preferably with a meal.

D3 5,000 with Coconut Oil

Serving Size 1 Softgel

Servings Per Container 120

Vitamin D3 (as cholecalciferol) 5,000 IU

Other Ingredients: Organic Extra Virgin Coconut Oil, Vitamin D3, Glycerin, Gelatin, Water

Suggested Use: As a dietary supplement, take 1 softgel daily or as directed by your healthcare practitioner.

D3 5,000 Capsules

Available Bottle Sizes: 60 or 120

Serving Size: 1 Capsule

Servings Per Container: 60 or 120

Vitamin D3 (cholecalciferol) 5,000 IU

Other ingredients: microcrystalline cellulose, rice flour, vegetable stearate, hypromellose, water.

Suggested use: As a dietary supplement, take 1 tablet daily, or as directed by your health care practitioner.

D3 5,000 Liquid

Available Bottle Sizes: 2 oz

Serving Size: 12-13 Drops

Servings Per Container: 171

Vitamin D3 (as Cholecalciferol) 5,000 IU

Other Ingredients: MCT Oil (Medium chain triglycerides).

Suggested Use: Shake well. Take 12-13 drops once daily or as recommended by your healthcare practitioner. Best when taken with a fat-containing meal.

Caution: Not intended for use in children under 4. Consult your healthcare practitioner if you have any medical conditions, are taking any medications, or are pregnant/lactating before taking this formula. Individuals taking more than 2,000 IU per day should have their vitamin D levels monitored.



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