Hyper Thyroid

Designed to help reduce the anxiety, irritability, restlessness, and heart palpitations, and rapid heartbeat associated with overactive thyroid.*

About the Formula:

Echinacea angustifolia has been used by herbalists to help those with overactive thyroid gland by counteracting excess thyroid hormones. One mechanism by which bugleweed may reduce thyroid hormone levels is by increasing urinary excretion T4 and reducing its reabsorption. Lycopodium extract in combination with lemon balm may also block thyroid autoantibodies from binding to the thyroid gland. Bugleweed is traditionally thought to be calming to the heart, nervous system, and circulatory system. Herbal lore dictates that lycopus is indicated for heart problems characterized by rapid or irregular heartbeat. Bugleweed is used most often in people with mild hyperthyroidism. Other uses have historically included cough, pneumonia, bronchitis, and insomnia.

Motherwort (Leonurus cardiaca) is purported to possess anti-spasmodic, nerve, sedative, hypotensive, and cardiac tonic properties.* This gentle herb may lower blood pressure by acting as a vasodilator and may reduce rapid heartbeat (tachycardia) especially when caused by anxiety.* Motherwort has a long tradition of being used by herbalists for hyperthyroidism when combined with lemon balm and bugleweed.

Lemon balm is also known as Melissa officinalis. This gentle herb is a tasty addition to teas and tinctures. Lemon balm is healing to the nervous system.* It is used for relaxation, alleviating anxiety, and improving the mood. Modern scientific studies have corroborated the traditional usage of lemon balm in helping people with overactive thyroid. Research shows that lemon balm can improve hyperthyroidism by preventing TSH from binding to its receptor, acting on both the hormone itself as well as the receptor.

Eleutherococcus senticosus, also known as Siberian ginseng, has a variety of applications in the body, such as improving attention, mood, and stress tolerance.* People who are debilitated from cancer, chemotherapy, cardiovascular disease, or other chronic health conditions may benefit from this root.* Eleutherococcus has been used by herbalists from many countries for at least 2000 years!

Echinacea angustifolia is a wildflower native to North America and was used by some Native American tribes to treat venomous bites. The root helps modify the immune system, modulating both innate and adaptive immune responses as well as reducing inflammation.

While well-known for its use in stimulating the immune system in cases of acute infection, newer research demonstrates that Echinacea may also be beneficial in autoimmune conditions.

Suggested Use: Shake before use. Take 1-2 droppersful, 2-3 times a day.

Warning: Not for use in pregnancy and lactation. Not for use in people with low thyroid function, also called hypothyroidism. May be contraindicated in women trying to conceive. Hyperthyroidism is a serious, life-threatening condition that requires oversight by a qualified healthcare practitioner. Patients with hyperthyroid conditions must be monitored closely by their physician. This Hyperthyroid Tincture should not be used by people with hypothyroidism (low, or underactive thyroid) or patients with goiter (enlarged thyroid gland).

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