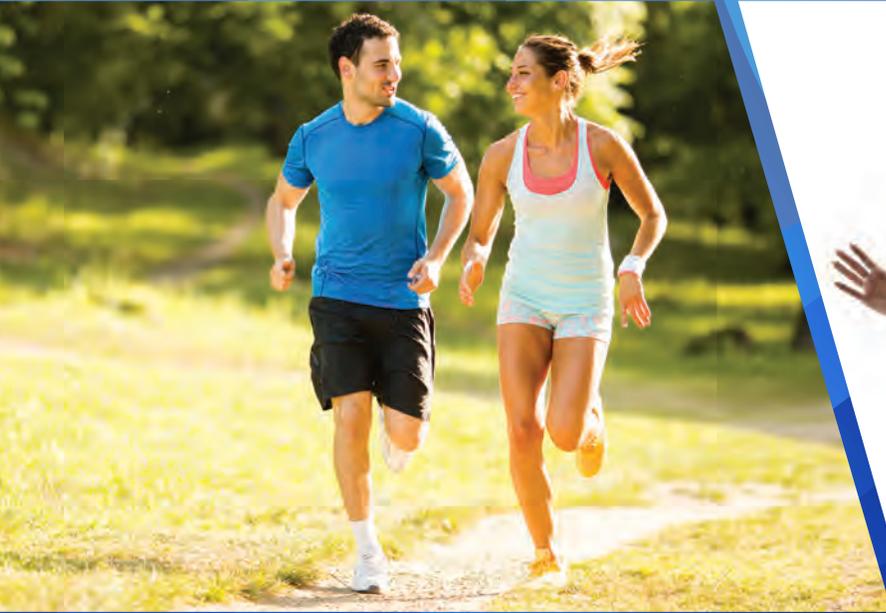


Super Zinc



Designed to maximize absorption and promote recovery from exercise

Supports:

- Cardiovascular Function
- Muscle Recovery
- Glucose Production from Amino Acids



Nutritional Frontiers

"breaking through nutritional boundaries"



Super Zinc

Supports Muscle Recovery



Super Zinc is a synergistic combination of zinc (L-Optizinc®), magnesium, vitamin B6, and Quatrefolic® designed to maximize absorption and promote recovery from exercise.

About the Ingredients

Zinc (L-Optizinc®) is an essential mineral and antioxidant found in every body cell. It is essential for a wide range of physiological functions including recovery and is an important cofactor for more than 200 enzymes, more than any other mineral. This trademarked form maximizes absorption and assimilation.



Magnesium is an essential mineral. It must be taken in through the diet however; with over processed food and depleted soil it is difficult to get the optimal daily intake. Magnesium supplementation is a way to support your daily intake. promotes the absorption and metabolism of calcium and is responsible for the activation and function of 325 enzymes that affect various metabolic processes and physiological functions such as:

- neuromuscular contractions
- heart and cardiovascular function
- regulation of the acid-alkaline balance in the body

Vitamin B6 (Pyridoxal-5-Phosphate Monohydrate)

is involved in the metabolism of amino acids and other nitrogen compounds and this form maximizes absorption and assimilation. In the liver, pyridoxine is essential for glucose production from amino acids via its role as coenzyme for the transaminase enzymes. Vitamin B6 is needed for proper metabolism of fat and cholesterol.* It is also involved in the process of transsulfuration, a pathway that breaks down homocysteine to prevent its buildup in the bloodstream

Folate (Quatrefolic®) is in the B vitamin family and it performs many critical functions related to DNA methylation and synthesis, cell division, human growth and development, and nervous system function. Humans need to maintain an adequate dietary intake of folate during various stages of their lives to stay healthy. Folate works together with vitamin B12 to support normal production of the important, mood-regulating neurotransmitters dopamine, norepinephrine, and serotonin.

Methylated folate (Quatrefolic®) is essential for converting homocysteine to methionine, a process that protects cardiovascular health. Like B12 deficiency, folate deficiency is associated with neuropathy. Furthermore, some research shows an association between Alzheimer's disease and deficiencies of vitamin B12 and folate. It's possible that in people with high homocysteine, folate could help reduce age-related cognitive decline.

SUPPLEMENT FACTS

Available Bottle Size: 90 Count

Serving Size: 3 Capsules

Servings Per Container: 30

Magnesium

(as Magnesium Aspartate) (20% Mg) 450 mg

Zinc Monomethione (L-Optizinc®) 30 mg

Vitamin B6

(Pyridoxal-5-Phosphate Monohydrate) 10.89 mg

Folic Acid (as Quatrefolic®

(equivalent to 0.2 mg of (6S)-5-Methyltetrahydrofolic acid, glucosamine salt)) 0.1 mg

Other Ingredients: vegetable stearate, rice flour hypromellose, water.

Suggested Use: As a dietary supplement, take 3 capsules daily with a meal, or as directed by your healthcare practitioner.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.



Quatrefolic® is a registered trademark of Gnosis S.p.A U.S. Patent No. 7,947,662



L-OptiZinc® is a registered trademark of InterHealth Nutraceuticals Inc.



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